

WORK HEALTH & SAFETY ALERT SMOKE HAZE – BUSHFIRES AND AIR QUALITY

Bushfire smoke contains a mixture of gases and very fine particles that can be hazardous to health.

Those most at risk are firefighters and outdoor workers.

The short-term health hazards include making asthma and chronic bronchitis/emphysema worse. People who suffer from chronic bronchitis/emphysema or heart conditions are at an increased risk and should take additional precautions, including staying indoors.

Asthmatics may need to use their medications more often.

Air quality is measured using an Air Quality Index (AQI). The AQI combines the measures of ozone, nitrogen dioxide, carbon monoxide, sulfur dioxide, particles PM10 and PM2.5 and visibility into a rating of air quality. PM2.5 is the smallest and usually most harmful particle.

An AQI less than 50 indicates that the air quality is good. At this low level, a person can spend time outdoors and air pollution will pose very little risk to their health. As the AQI number increases, so does the risk to human health.

Air Quality Index Levels of Health Concern	Numerical Value	Meaning
Fair	67 to 99	Sensitive groups: plan strenuous outdoor activities when air quality is better.
Poor	100 to 149	The general public is not likely to be affected. Sensitive groups cut back or reschedule strenuous outdoor activities.
Very poor	150 to 199	Everyone cut back or reschedule strenuous outdoor activities. Sensitive groups should not be doing strenuous outdoor activities.
Hazardous	200+	Sensitive groups avoid all outdoor physical activities. Everyone significantly cut back on outdoor physical activities

Sensitive groups include people with asthma or lung problems of any kind, people with heart disease, diabetes or previous stroke, children under 14, people over 65 and people who are pregnant. Source NSW government advice.

The EPA or Health department in states and jurisdictions publishes air quality information regularly.

People most at risk from particle pollution exposure include **those with heart or lung disease** (including asthma and chronic obstructive pulmonary disease-COPD), older adults, and children. Research indicates that pregnant women, newborns, and people with certain health conditions, such as obesity or diabetes, also may be more susceptible to Particulate Matter (PM)-related effects.



When the AQI is above 200 it is likely that even healthy people may experience eye, throat and nose irritation, coughing, chest tightness and shortness of breath.

Exposure needs to be avoided by staying indoors with windows closed and running an air conditioner, keeping activity levels low and avoiding activities that make you breathe faster and deeper.

The steps needed to minimise exposure include:

- locating work inside or in enclosed structures/vehicles with filters effective for PM2.5 particles
- changing the place of work to where levels are lower •
- reducing work time in area of unfiltered air •
- increasing frequency and length of rest times and ٠
- reducing the physical intensity of work to help lower breathing and heart rates. •

Expert advice is required for any use of respiratory protection. Respirators need to be able to filter particles and fit the person's face well. Respirators can increase health risks especially when it's hot and physical work is involved. Those with medical conditions need medical advice before using respiratory protection.



IF YOU OR OTHERS ARE EXPERIENCING **ANY OF THESE SYMPTOMS YOU** SHOULD SEEK MEDICAL ADVICE.



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Application For USU Membership New South Wales Local Government, Clerical, Administrative, Energy, Airlines & Utilities Union

			FORM 1-230113. OFFICE USE ONLY			
SECTION A	YOUR DETAILS:		Membership No.			
NAME: Title:	Surname:	Given N	ames:	DOB: / /		
EMAIL: Home:		W	/ork:			
PHONE: Home:	Wor	k:	Mobile:			
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EMPLOYMENT BAS	* Please circle income threshol	d: A B C D E F G	I Casual	Temp Seasonal ble at www.usu.org.au)		
SECTION B	APPLICATION FOR MEME	BERSHIP:	with the Rules of the Union.	s shall pay subscriptions in accordance		
Administrative, Energ and the NSW Local C of the Australian Mur I agree to abide by t with the Fair Work Ac	ereby apply for membership of the NS' y, Airlines & Utilities Union (trading as the overnment, Clerical, Administrative, E icipal, Administrative, Clerical and Ser ne Rules of the Union as amended from t 2009 (C'th) and the Industrial Relatio	II, written notice delivered or sent 2. A notice of resignation takes a. where the member ceases i. on the day on which th ii. on the day specified in than the day when th become a member; whichever is the later: or	whichever is the later: or			
authorise the USU/ASU to act as bargaining agent on my behalf with my employer, in all matters affecting my employment with my employer. I understand my authorisation remains in force until I revoke it in writing in accordance with the Fair Work Act 2009 (C'th) and the Industrial Relations Act 1996 (NSW). I have read the information supplied relating to financial obligations of membership and the circumstances and manner in which I may resign my membership.			ii. on the day specified ii 3. Any member resigning shall b subscriptions, fines and levies o date of leaving, and such mon the name of the Union, subject Industrial Relations Act 1996 (NS)	 b. in any other case: i. at the end of two weeks after the notice is received, or ii. on the day specified in the notice; whichever is the later. 3. Any member resigning shall be liable for the payment of all subscriptions, fines and levies owing to the Union under the Rules at the date of leaving, and such monies may be sued for and recovered in the name of the Union, subject to the Fair Work Act 2009 (C'th) and the Industrial Relations Act 1996 (NSW) or any Act amending the same. Please note that the New South Wales Local Government, Clerical, 		
Please indicate the	name of person who provided this me	embership form to you.		Wales Local Government, Clerical, & Utilities Union trades as the United		
Name of person:	M'shi	p No. (if known):	Privacy Statement			
Applicant's Signc		Date: / /		is bound by the Privacy Act 1988 ement is available by contacting the vebsite at www.usu.org.au		
SECTION C	PAYMENT METHOD:					
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	DETA	LS OF ACCOUNT TO	BE DEBITED			
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(if joint account two signatures are required below) I authorise my employer to release my financial institution details, including any changes from time to time, to the USU so that direct debit of Union subscriptions can be commenced from my account. I recognise that my employer has no financial accountability in this transaction and that if I have provided details of more than one account to my employer, the USU will contact me to determine which account I wish to use for paying USU subscriptions. This authority will not lapse in its binding effect by the passage of time and will only be revoked by a further written authority.						
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OR BPAY/STATEMENT/PAYROLL DEDUCTION OPTION						
□ I will pay my subscription via BPAY/Statement. □ I will pay my subscription via Payroll Deduction. Payroll deduction authority can be downloaded at www.usu.org.au						
I/We authorise the following:1. The USU to verify the details of the above named account with my/our Financial institution2. The Financial institution to release information allowing the USU to verify the above account details.						
agree at all times to have sufficient funds or credit to ensure the electronic transfers occur irrespective of the method of payment. Failure to pay could iffect whether I am a financial member in accordance with the rules of the union.						
Signature/s:		Da	te / /			
Return this form b	y fax to (02) 9261 3378, email	to membership@usu.o	ra.au or mail to: USU_PO B	ox A1154 Sydney South 12		